

PG&A 70s Disco Gym Fest



MAY 15th & 16th 2026

Don't Miss This Exciting Event!!



The **Gym Fest** is our annual spring event where your kids get to perform the skills that they have been working on in class. This event will be set up and feel like a real gymnastics competition. The kids will be learning routines at each event and will perform for family and friends. This themed event is truly a fun experience for the kids, and we highly recommend their participation. All our students will receive special **70'S DISCO** themed Gym Fest awards.



Event Site- Phoenix Gymnastics Academy

Preschool Age Classes - Parent Tots, Tumble Bugs, Arco

Tots, Sparks, and Mighty Mites will do a variety of activities in a **circuit format**. They will do various skills at each event rather than set routines. They will not be judged but will be presented with Gym Fest Awards at the end of the show.

School Age Classes – Level 1 – 4 girls, Stars and Pre-Teams will use a format which is set up to be like a real gymnastics competition. There will be a coach with each squad to assist any student who might need help with a skill or routine. At the end of the event, **ALL** students will receive awards for each event based on an achievement award system. This is intended to be a fun event for our students. We hope everyone will enjoy the show in the spirit in which it is intended.

Entry Fee: \$90.00 (you may pay a \$45 deposit now and pay the balance by April 15th)
\$ 5.00 off for siblings
Deposit: \$45.00 due at sign up

Entry Deadline: April 13th 2026. ***Final Entries and balance due (ASAP)***

Important- (We will have "Try On" Leo's at the front desk. Please make sure you try on the leotard and Initial the size ordered)

Entry After the Deadline? ***Only if space is available and if we have a uniform available.***

Admission Tickets: Adults \$12.00 each / Kids \$5.00 (12 & Under)

Schedule: **Friday:** 1 preschool & 1 school age session starting at 6pm

Saturday: Preschool sessions in the morning followed by school age sessions. Inter Team meet will be the last session on Saturday. We will assign students to a session and publish the schedule at the beginning of May. If you have a request for a specific day, let us know and we will do our best to accommodate.

(OVER)

FAQ

Is the Uniform required Yes! Remember when you were a kid...getting the uniform was the coolest thing! Remember this is their day to show off. Besides, they can also wear it to class every week.

What is the Uniform? Girl's uniform: Lycra tank leotard

Boys Uniform: Shorts and T-shirt.

What if my child is apprehensive? Many are, but as they practice the routines, they begin to gain confidence and self-esteem. Also, there will always be staff nearby to assist or to “whisper what comes next” if they forget. They won't be performing alone. In fact there will be 4 to 8 other kids performing at the same time. Encourage your kids to participate, because in the end they will really enjoy it.

How do we help our kids at home? If you would like a copy of our gym fest routines, ask for one at the front desk..

How long are the sessions? We are shooting for around an hour including our grand march in and awards ceremony.

Can all my kids come to the same session? We will do our best. Once we receive all the entries, we will assign each student to a session. We will look carefully at siblings and try to get them in the same or back to back times, but we cannot promise that it will work out for everyone. If you have a problem with your time, please let us know and we will do what we can to accommodate.

Where can we see what session our kids are in? After we have the entries, we will:

- _ Hand out a schedule to the kids in class
- _ Post it on the Bulletin Boards in the Upstairs and Downstairs lobby
- _ Post a schedule on our website under **Special Events**.
- _ Call the front desk 623-582-5293

Will all the kids win awards? Yes! Absolutely. We want this to be a positive, fun experience for all the kids. All the kids will get a goodie bag, achievement awards for each event and a special custom **70' S DISCO** Gym Fest Medal at the conclusion of each session.

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